

What's Your Workplace Challenge?

From communicating difficult news to your staff, to juggling the needs of a multi-generational workforce, to keeping your staff motivated in the midst of uncertainty, workplace issues today are as numerous as they are varied and challenging.

This month's campaign, available through the FOH EAP program, takes a look at some of the top challenges in the workplace and ways to manage them effectively.

Need a Guaranteed Team Motivator? Show You Care.

Being a caring manager doesn't mean being a best buddy or confidant to your team members. It means taking the time to learn something about them, besides just the work they do. It's knowing a little of their life story, their hopes and preferences. So, are you a caring manager? Do you:

- show interest in your team members' work and home life?
- give your complete attention to people when listening to their concerns?
- always try to understand what your team members are up against?
- take note when someone is putting in extra effort?
- know at least one aspiration or goal of each team member?
- talk regularly with your team about the challenges of work?

Showing you care about your team will lead to a more positive and productive work environment. Take the time to know your team members and you'll be better able to support them and be a partner in their success.

Team Building Made Fun!

Want to learn more about your team members the fun and easy way? Try these ice breakers at your next get-together.

Penny for Your Thoughts. Give everyone a penny. Have them look at the date. Then have each person talk about something he or she was doing that year. By the end of the round, everyone knows a little more about the people with whom they work.

What a Year! Have everyone write down two real things that happened to them in the past year and one made-up event. Have the other team members guess which one is fiction and which are fact. You'll learn something about your co-workers and have fun doing it!

Want to learn more? Log on to www.FOH4YOU.com to access *Workplace Issues Today* and other helpful resources in the *Spotlight* section. And share this information with your co-workers and family!