

*Living Healthy
Working Well®*



Communicating in the Workplace



Employee Assistance Program

We care, just call.

1-800-222-0364

1-888-262-7848 TTY Users

www.FOH4YOU.com

Manage Better Through Communication

Good communication. It's crucial for a productive workplace. As a manager, you're in an ideal position to improve communication within your workgroup. You can develop strategies to turn conflicts into opportunities for positive change.

Your program offers resources to help improve both your communication skills and your effectiveness as a manager.

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