



DEPRESSION AWARENESS



Employee Assistance Program

We care, just call.

1-800-222-0364

1-888-262-7848 TTY Users

www.FOH4YOU.com

There is Hope

Are you feeling low and unable to enjoy life? Depression is a treatable medical condition. If not treated, it can get in the way of work, family and almost every aspect of your life. So, like other medical conditions, depression needs to be identified and treated the right way.

Access your program and get the facts about depression. With the right information and help, you'll feel the difference in just a few weeks.

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